

# World Foundation Internship Program

The Shri Mataji Nirmala Devi Sahaja Yoga World Foundation (WF) offers an internship program for young Sahaja Yogis who are pursuing a bachelor's or master's degree or graduated recently. The program invites you to come to Cabella for a period of 2 to 12 months and to join a dynamic team in a vibrant international environment. It will challenge you to put your academic knowledge into practice, expand your knowledge and skills and build up on-the-job experience. At the same time, working at the Sahaja Yoga World Centre, in the most beautiful and blessed landscape of the Borbera Valley, is a joyful and unique spiritual experience which will help to enhance your vibrational awareness. You will be part of the Sahaja Yoga community working together on multiple projects to spread the vision of Shri Mataji.

## Your Profile

You are a Sahaja Yogi pursuing a bachelor's or master's degree or you have graduated recently, you can speak English and you are an enthusiastic team player. You are legally entitled to stay in Italy for the duration of the internship. Your university or college supports your internship at the World Foundation and needs to contact our administration office.

## Internship Projects

### · Sustainability

We would like to call for 2 yuvas to spend at least 6 months in the valley, preferably having some competencies in sustainability and energy management, to support us in the creation and implementation of a sustainability strategy. The main tasks of these two volunteers will initially be the collection, verification, and analysis of data which will help our institutions to determine how better to reduce our demand for natural resources and costs. Subsequently, various projects will be launched to address different sustainability issues.

Please reach out to **Professor Salvatore Ruggiero** at **+358 45 8571272**

### · Marketing and Communication

The World Foundation is ever searching to improve its communication with the worldwide collectives. The communication team develops communication strategies and drafts content for the WF newsletter, the different websites and public media.

## · **Event Organisation**

Every year, the World Foundation hosts Puja seminars, a Wellness Camp, an Art Academy and cultural festivals. The event organisation team coordinates tasks like reception, overseeing accommodation and facilities, catering, logistic support, communication and accounting.

## · **Sahaj / Spiritual Tourism**

Since more and more visitors are coming to Cabella from far away, the World Foundation would like to offer the possibility to combine a Puja seminar with a discovery tour of culturally interesting and auspicious sites. The tour operator organises the complete trip, including communication, planning, pricing, transport and stay.

## · **Web Design**

The website of an organisation is its first means of communication with the world. The web design team creates and updates the sites and pages of the different organisations and projects of the Cabella World Center. This includes setting up the design, collecting and generating content, shaping the layout and coding.

## · **Administration**

The office of the World Foundation is the coordination centre for its different projects. The work is very varied and includes: reception, secretarial tasks, providing administrative support to ongoing projects, liaising with internal and external teams, managing documentation and databases.

## · **Teaching**

Inspired by the teachings of Shri Mataji Nirmala Devi, Cabella International Sahaja School (CISS) aspires to create a learning environment where children are encouraged to develop on a physical, emotional, academic as well as spiritual level. The school combines modern teaching methods and an international curriculum with the daily practice of Sahaja Yoga meditation in order to support its students to grow into balanced, knowledgeable and caring world citizens.

## · **Accreditation of Education**

To obtain recognition in the domain of international education, Cabella International Sahaja School (CISS) is preparing to obtain international accreditation for its schooling project. If you have obtained or are preparing a degree in pedagogy, in business administration or in a relevant field and you are inspired to join the team, please apply for at least one term.

## • **Agriculture/Green Team**

Following the teachings given by Shri Mataji about Mother Earth, and inspired by the beautiful experiences in India in the field of agriculture, the WF is going to put Her ideas into practice in the big plots of land that Shri Mataji bought in the Borbera Valley. For this purpose, a farm is already open, the “Bellavista Agri-Tourism Farm”, in the 5 hectares of land on the hill above the Sahaj Albera Complex near Cabella, where the Temple is located. An orchard, a vineyard, a rose garden, a vegetable garden and other such cultivations will glorify the beauty of Shri Adi Bhoomi Devi. Many Sahaja Yogis around the world working in agriculture are part of the “Living Valley Project”.

## • **Casa Madre Music Label**

Casa Madre is also the brand name of an independent Label, promoting Sahaj music made by Sahaja Yogis. We are now working on the production, marketing and promotion of few CDs. The Label is in need of audio-technical support, as well as in the setup of communication and distribution network.

## • **Architecture**

International Sahaj Architects (ISA) is an architectural practice, based in Cabella, that is following several projects with the World Foundation on the collective assets in the Borbera Valley. If you are a student of Architecture, Design, Landscape Design or in a relevant field, a proper internship can be recognized with your home university.

## • **Your own project**

If you have a project in mind or your own internship project; then propose it! We will be happy to discuss it with you and will evaluate the project in view of the mission and practical possibilities of the World Foundation.

## **Practical matters**

- It will be your responsibility: to obtain the internship approval documents from your university or college, any necessary visas, to arrange and finance your travel to Cabella.
- You must show proof of a comprehensive health insurance valid in Italy and for the entire period of the internship. The World Foundation will only provide limited insurance during the internship period.
- The World Foundation does not remunerate interns. However, food and lodging will be provided free of charge.

## **Application procedure**

Apply for 'Internship' by email at [amministrazione@casamadre.eu](mailto:amministrazione@casamadre.eu) stating:

- a. for which internship project you wish to apply, and
- b. for which period (dates) you would like to come.

Your application has to include the following documents:

1. Motivation letter
2. Curriculum Vitae
3. Reference letter from the Sahaja Yoga coordinator of your country
4. University or College official internship request paper
5. University transcripts (optional)